

Cover overview 2026

Blend Jongeren

This cover overview is intended to easily show which types of reimbursements are included in an insurance policy. The overview provides a general description of healthcare services. No rights can be derived from this. Additional terms for reimbursement may be included in the policy conditions. There may also be limitations on reimbursement, for example, in the case of a non-contracted healthcare provider.

For a complete overview, we recommend thoroughly reading the policy conditions, which always take precedence.
 Questions? Feel free to call us at 0115 - 61 83 44.

Type of care	Blend Jongeren
Alternative care	
Consultations of alternative doctors / therapists, and homeopathic or anthroposophic medicines	€ 200 per calendar year, consultations € 30 per day
Eyes and ears	
Spectacles and lenses	€ 100 per 2 calendar years
Abroad	
Emergency care abroad during vacation or temporary stay	Full reimbursement, in addition to the basic health insurance
Vaccinations and preventive medications related to stays abroad	€ 100 per calendar year
Repatriation from abroad	100%
Physiotherapy	
Physiotherapy and remedial therapy (Cesar/Mensendieck)	12 treatments per calendar year, including 9 treatments of manual physiotherapy per indication
Fysio Zelfcheck (Physio Self-check) app	12 treatments per calendar year, including 9 treatments of manual physiotherapy per indication
Medications (medicines)	
Contraceptives from age 21	100%
Bones, muscles and joints	
Podotherapy and podology	€ 70 per calendar year
Insoles	€ 60 per calendar year

Type of care	Blend Jongeren
Mouth and teeth (oral care)	
Dental care	€ 450 per calendar year (check-ups 100%, other treatments 75%)
Dental care as a result of an accident	€ 10,000 per accident
Orthodontics	€ 350 for the duration of the insurance
Nutrition advice	
Weight consultant	€ 50,- per calendar year
Skin treatments	
Acne therapy	€ 230,- per calendar year
Camouflage therapy	€ 200 for the duration of the insurance
Hair removal	€ 570 for the duration of the insurance



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Blend Grensregio Pakket

Does your policy state that you are also insured for the 'Blend Grensregio Pakket' (Border Region Package)? Then you will receive an additional reimbursement for non-emergency care in Belgium and Germany.

Non-emergency care in Belgium and Germany
<p>a. For care provided in Belgium or Germany within a radius of 55 km from the Dutch border, you are entitled to a reimbursement up to 100% of the costs of medically necessary care and dental assistance due to an illness, an accident, or a medical condition..</p> <p>b. For care provided in the remaining part of Belgium or Germany, you are entitled to a reimbursement of up to 100% (in addition to the reimbursement through your basic health insurance) of the maximum rate set at the time of treatment under the Healthcare Market Regulation Act (Wmg) if the care provided would have been covered in the Netherlands. If and insofar no (maximum) Wmg rates have been set, you are entitled to reimbursement of the costs up to a maximum of 100% of the prevailing market rate in the Netherlands in addition to the reimbursement through your basic health insurance (up to 200% combined).</p>
Conditions for reimbursement
<p>We only reimburse the costs if we would also reimburse these in the Netherlands from the basic health insurance and if the claim amount exceeds the reimbursement from the basic health insurance. The treatment must take place with recognized (or equivalent) care providers.</p> <p>Are you entitled to non-emergency care abroad under the basic health insurance? Then the reimbursement applies as a supplement to the basic health insurance.</p> <p>Are you being admitted to a hospital? Then the reimbursement is limited to a reimbursement of the costs of a maximum of 365 days per case of illness. By illness we mean: any uninterrupted need for medical treatment, which results from the same cause of illness or the same accident.</p>
Exclusion
<p>We do not reimburse the extra costs, fees, or other additional costs associated with a stay in a single or double room in a hospital.</p>